

Premier Partner:



National Partners:



Local Partners:



About ZERO — The Project to End Prostate Cancer: We commit ourselves not only to reduce prostate cancer and alleviate the pain from the disease, but to end it. We see a future where all men who have been diagnosed with prostate cancer will be cured or can manage their illness with high quality of life, with the support they need to minimize physical and emotional suffering, and to cope effectively throughout their cancer journey.

About Urology Practice: Advanced Urology Specialists (formerly Central Florida Urology Specialists) offers complete urological care for both men and women using state of the art equipment and facilities.

For patient convenience, the practice is affiliated with 8 hospitals including Citrus Memorial Hospital (Inverness), Florida Hospital Waterman (Tavares), Leesburg Regional Medical Center (Leesburg), Munroe Regional Medical Center (Ocala), Ocala Regional Medical Center (Ocala), The Villages Regional Hospital (The Villages) and West Marion Community Hospital (Ocala). The practice accepts Medicare and most major insurances. Emergency call is available 24 hours, 7 days a week.

The practice group is backed by the state-of-the-art Advanced Prostate Cancer Institute—one of America's largest urological cancer centers. At the Institute, prostate, kidney adrenal and other urological cancers are treated with the very latest technology.



The Project to End Prostate Cancer
DASH FOR DAD – Central Florida
P.O. Box 320792
Alexandria, VA 22320



ADVANCED
Prostate Cancer Institute



ADVANCED
Urology Specialists



CENTRAL FLORIDA DASH FOR DAD 5K RACE/WALK

Saturday, November 19 • 9 a.m.
Advanced Prostate Cancer Institute • Oxford, FL



DashForDad.com
 Saturday, November 19, 2011
 5K Race/Walk • 9AM
 (Rain or Shine)

Advanced Prostate Cancer Institute
 12109 CR 103
 Oxford, FL 34484

Lace up your sneakers and join the Advanced Urology Specialists (formerly Central Florida Urology Specialists), Advanced Prostate Cancer Institute and ZERO — The Project to End Prostate Cancer on Saturday, November 19 for the DASH FOR DAD, a 5K Race/Walk to support ZERO's mission to end prostate cancer. Nationwide, a man dies from the disease every 18 minutes. But there is hope — education about prostate cancer risk and early detection can save countless lives. All proceeds from the race will go to prostate research and free testing in the central Florida area to those at risk.

The race will take place at the Advanced Prostate Cancer Institute on Saturday, November 19 at 9:00AM.

Join us in making the 2011 DASH FOR DAD 5K a great success! Proceeds to benefit the non-profit organization, ZERO — The Project to End Prostate Cancer.

Course: A course map is available on the Web site: DashForDad.org.

Entry Fees: \$25 Before October 15 (t-shirt guaranteed); \$30 After October 15 / Race Day (t-shirt NOT guaranteed). Mail entry form with fee to:

DFD – Central Florida
 P.O. Box 320792 • Alexandria, VA 22320

Please make checks payable to: ZERO — The Project to End Prostate Cancer. If paying by a credit card, please mail the form to the above P.O. Box address. Entry fees are non-refundable. You may also register online at DashForDad.com/races/centralflorida.

Registration & Packet Pickup: Register by mail (using the download form) or online at DashForDad.org or, you may register in person and pick up your bib, t-shirt, and D-Tag timing chip at the following **Advanced Prostate Cancer Institute 12109 CR 103, Oxford, FL 34484-2967 (352) 391-6494 x248**

Race packets may be picked up Thursday, November 17 (12PM – 4PM), Friday, November 18 (12PM – 4PM)

Fundraising: Round up your friends, co-workers, community groups (club, church or association) or schools and start fundraising for the DASH FOR DAD 5K. Please visit DashForDad.org for more information and to create your own personal or team donation page.

Directions:

If your coming from HWY 301 turn at the traffic light onto 466. Turn Left at the next traffic light onto CR 103. Advanced Prostate Cancer Institute is located about 1/4 mile on the right. If you're coming off of I-75, get off at the 301 exit, head north on 301 approximately 8 miles until you come to 466. Turn right at the traffic light. Turn Left at the next traffic light onto CR 103. Advanced Prostate Cancer Institute is located about 1/4 mile on the right.

Volunteer: We are looking for volunteers to assist with registration, gear check, on course water, course marshals, and finish line food and water. All volunteers will receive an event shirt for coming out and volunteering. For more information or to sign up, please visit our Web site at DashForDad.org or contact Colleen Clayton at (352) 391-6494 x248.



REGISTRATION FORM:
 Register online at: GoToProstateCancerChallenge.com

ARE YOU A PROSTATE CANCER SURVIVOR?
 Y N

Liability waiver must be signed before mailing:
 I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and understood by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of the DASH FOR DAD 5K, ZERO — The Project to End Prostate Cancer, Advanced Prostate Cancer Center, Advanced Urology Specialists, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes for legitimate purposes.

PARTICIPANT'S FIRST NAME										PARTICIPANT'S LAST NAME									
ADDRESS																			
CITY					STATE					ZIP CODE									
M	F	AGE (ON RACE DAY)		S	M	L	XL	2XL	PHONE NUMBER () - -		EMAIL ADDRESS								
CARD HOLDER'S FIRST NAME										CARD HOLDER'S LAST NAME									
CARD NUMBER										EXPIRATION DATE					SECURITY CODE (BACK OF CARD)				

CARD TYPE
 VISA MC AMEX DISC

ADDITIONAL DONATION (CHARGED TO MY CARD)
 \$

ENTRY FEE (CHARGED TO MY CARD)
 \$

CARD HOLDER'S SIGNATURE
 DATE

CUT HERE ✂